

# redefining divorce



## Don't Forget About Me, The Best Thing Yet...

### *Mom and Dad,*

I want you to know I love you both very much but you are acting like children. I want you to both realize that I am your child, not your confidant.

**Mom:** I am really sorry that things didn't work out between you and dad. But, he is still my dad and I need you to respect that even if it's hard. It should not be my concern that he didn't pay for dance classes or whatever else he has failed to do in your opinion. That is none of my business and you shouldn't make it my business. He is my father and will remain my father, forever. I will love him notwithstanding your relationship with him. The more you try to persuade me against him, the stronger my defense of him becomes. I am not your ally when it comes to my dad. I am your child. I am his child.

**Dad:** I am really sorry it didn't work out with mom. But, she is still my mom. You don't need to make snide remarks about her or what she is doing in her life. You don't need to share with me all the things that went wrong in the marriage. That is not my concern nor do I know what you want me to do with the information. I don't want to be the go-between anymore. If you guys have things you need from each other, ask each other, not me. I also don't want to know if mom has a boyfriend because the only reason you are telling me is to help you feel justified in your anger. You don't realize that it hurts me.

I would have loved to see you guys work out so our family would remain intact, but it didn't happen that way.

Harboring frustration and anger towards each other is pointless. If you are going to fight, fight to make it work. You have already decided it isn't going to work so let go of all the reasons why. They don't matter anymore. You have me and I love you both very much. I would like to continue being a child if that's okay with you. Please stop fighting. The relationship is over and that means the fight should also be over.

*I love you both.*

**IN**

**Zina B. Gleason, J.D.**

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